



To learn more about our services click here:
<https://hereshelpinc.com/services/>

Hours of Operation:
North: 305 685-8201 ext 225 - M-F 8:30 am to 4:30 pm
South: 305 238-8500 ext 321 - M-Th 12:00 to 8:00 pm
Friday 12:00 – 7:00 pm

Music Class:



NEWSLETTER

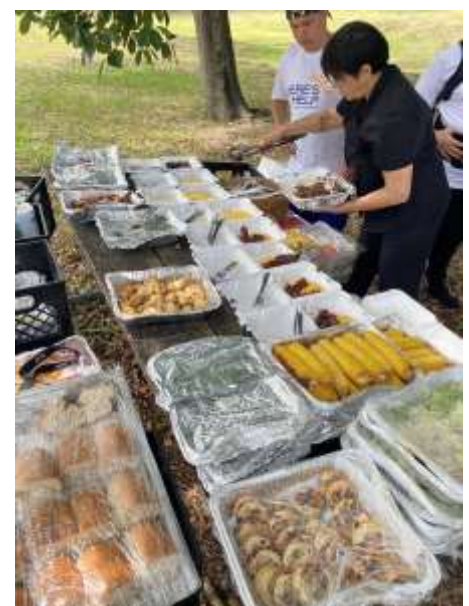
**Here's Help
Culinary**



A success story



Sebastian Montanez a 19-year-old client who was admitted to Here's Help as a self-referral. Sebastian dedicated his time while in treatment and accomplished his goals. He acknowledged his substance use and explored healthier coping strategies. Sebastian is now at Here's Help Inc South Campus for treatment and continues to receive therapeutic services. He is now continuing to do his studies at YATC and is learning about motor vehicles and is accomplishing his academic goals.



Sponsored by Here's Help Inc., Thriving Mind South Florida and the State of Florida, Department of Children and Families.