





Here's Help Culinary

The culinary class learns every day to prepare delicacies!

Here's Help Plumbing *School*

Coming Soon!

To learn more about our services click here: <u>https://hereshelpinc.com/services/</u>

Hours of Operation: North: 305 6858201 ext 225 M-F 8:30 am to 4:30 pm South: 305 2388500 ext 321 M-Th 12:00 to 8:00 pm Friday 12:00 – 7:00 pm

Horticulture

Horticulture class, you are doing a great job growing them!



Read about David Colon's story



His name is David Colon. He is 34 years old and has been fighting substance abuse for the last 8 years. Before coming to Here's Help, he was homeless for the first time. That was enough for him to start taking his life, and his addiction, seriously. Before coming to Here's Help, he had previously been to four other inpatient treatment centers. But Here's Help made the difference. This time, he really took charge and took the lead in his recovery. He believes that Here's Help has met all of his medical and therapeutic needs. He has been completely honest and transparent with his therapist, he follows all suggestions, he has been open minded, and he has been willing to get the job done. He also attends and participates in all of the group sessions. Another thing that has really helped with his recovery this time is that he has had the opportunity to work at the reception desk of Here's Help, for which he is deeply grateful. He believes in the effect that the word "PURPOSE" has had on his process.



Sponsored by Here's Help Inc., Thriving Mind South Florida and the State of Florida, Department of Children and Families.